

WOC-Testraces 01.-03.07.2011 CZE - SVK - GER - LTU - SUI

Final Bulletin

1. Organizer

Swiss Orienteering Team.

2. Event Center

At the competition centers of each race.

3. Program

Thursday, 30.06.2011:Open Model EventFriday, 01.07.2011:Middle Distance Testrace.Saturday, 02.07.2011:Sprint Distance TestraceSunday, 03.07.2011:Long Distance Testrace

4. Classes

WE and ME. All participants will be mixed together for the start list. We build 3 startgroups and every runner will once be early, middle and late.

5. Punching

SportIdent will be used for both punching and time keeping.

6. Training Information – Model Event 30.06.2011

6.1 Entry for Model Event

Nations who wants to participate in the Model Event have to order the number of maps until 27th June 2011 to <u>matthias.niggli@gmx.ch</u>, price is 3 Euro/map payable at the training.

Swiss runners are supposed to take part and have neither to enter nor to pay.

6.2 Assembly for the training

Parking west of Arith/Montagny on the foot of the two maps Montagne de Bange and Prépoulain.

http://www.google.ch/maps?f=q&source=s_q&hl=de&geocode=&q=45.713825,6 .066467&ie=UTF8&ll=45.713671,6.068058&spn=0.005109,0.013433&t=h&z=17

6.3 Schedule

15:00 Training Center at the parking is open, maps are distributed and payed.

- 15:00 Model Event is open
- 16:30 Last possible start for the Model Event
- 17:15 Model Event closed

6.4 Embargoed Area

The maps shows the border of the training area. All area out of the model event map is embargoed.

6.5 Terrain description

See WOC Bulletin 2011.

6.6 Map and Course

Part of "La Montagne de Bange", 1:10000. Laserprinted map. 3.5km/130m/16 controls The control description is printed on the map only.

6.7 Start and Finish

The start is 1.2km/140m from the parking, the finish is at the parking.

7. Competition Information – Middle Distance 01.07.2011

7.1 Competition Center

Parking west of Arith/Montagny on the foot of the two maps Montagne de Bange and Prépoulain.

 $\frac{http://www.google.ch/maps?f=q\&source=s_q\&hl=de\&geocode=\&q=45.713825,6}{.066467\&ie=UTF8\&ll=45.713671,6.068058\&spn=0.005109,0.013433\&t=h\&z=17}$ The Czech Team will not take part in this race.

7.2 Schedule

09:15 Event center at the parking is open 10:30 First start for both women and men, 2 minutes intervall

7.3 Forbidden Area

All area outside the marked way to the start is forbidden area.

7.4 Terrain description

See WOC Bulletin 2011.

7.5 Map and Courses

Montagne de Bange, 1:10'000/5m, Offsetprinted, in plastic bagWE 3.6km, 130m, 13 controls, 35 minutesME 4.5km, 150m, 16 controls, 35 minutes

7.6 Control description

Control descpriptions are handed out at the pre-start and are also printed on the map. Size: about 120x50mm

7.7 Pre-Start and Start

The way to the pre-start is marked, it's about 1.5km/200m.

Start procedure:

- -3: call-up, clear of the SI-Card
- -2: hand out of the control description
- -1: stand beside the map
- -0: punch the start unit, take the right map. There is a compulsory route of 70m to the starting point (marked with a control flag).

No clothes transport from start to finish if there is no crazy weather.

7.8 Finish procedure

Punch at the finish line. Maps will be collected in the finish until to the last start. Water is available at the finish. The SI-Card will be read out at the parking.

7.9 Cool down

On the way between finish and parking. No cooling down in the competition area until all runners have finished their race.

Fairness: do not talk with any competitor who has not yet started!

8. Competition Information – Sprint Distance 02.07.2011

8.1 Competition Center

At the parking Balleydier in Annecy (parking where the World Cup 2010 event center was held).

 $\frac{http://www.google.ch/maps?f=q\&source=s_q\&hl=de&geocode=&q=45.896847,6}{.131116\&ie=UTF8\&ll=45.896826,6.131068\&spn=0.001273,0.003358\&t=h&z=19}$

8.2 Schedule

07:45 Competition center is open, distribution of the Warm-up map 09:00 First start women, 1 minute intervall 09:30 First start men, 1 minute intervall

8.3 Embargoed Area

Annecy Vieille Ville and surroundings are completely closed at the competition day. It's allowed to drive on the big road (Avenue d'Albigny, Avenue des Marquisats) from the accommodation to the parking.

8.4 Terrain description

Old town including some park areas and the hill to the Annecy castle. 90% asphalt/paved areas, 10% park/grass.

Shoes with dobb spikes or spike shoes are not allowed.

8.5 Map and Courses

Annecy Vieille Ville, 1:4000/5m, Offsetprinted, in plastic bag
WE 2.2km, 25m, 19 controls, 13 minutes
ME 2.6km, 25m, 22 controls, 13 minutes

8.6 Control description

Control descpriptions are handed out at the pre-start and are also printed on the map. Size: about 150x50mm

8.7 Pre-Start and Start

The way to the pre-start is not marked, but can be seen on the warm-up map. Warming-up is only allowed on the warm-up map. The print quality of the warmup map is not of the same quality as the competition map. Start procedure:

- -3: call-up, clear of the SI-Card
- -2: hand out of the control description
- -1: stand beside the map
- -0: punch the start unit, take the right map. There is a compulsory route of 40m to the starting point (marked with a control flag).

8.8 Finish procedure

Punch at the finish line. Maps will be collected in the finish until to the last start. Water is available at the finish. The SI-Card will be read out close to the finish.

8.9 Cool down

Between the finish and the parking, but only on the eastern part of the big road, not on the model map. No cooling down in the competition area until all runners have finished their race.

Fairness: do not talk with any competitor who has not yet started!

9. Competition Information – Long Distance 03.07.2011

9.1 Competition Center

At the parking along the road Annecy-Le Semnoz (same competition center as for the World Cup 2010).

http://www.google.ch/maps?q=45.866544,6.121119&num=1&t=h&sll=45.8666 7,6.120924&sspn=0.006295,0.006295&ie=UTF8&ll=45.86667,6.120924&spn=0. 01019,0.026865&z=16

9.2 Schedule

08:45 Competition center is open, distribution of the warm-up map 10:00 First start for both women and men, 3 minutes interval

9.3 Embargoed Area

It's only allowed to be on the warm-up map before and after the race.

9.4 Terrain description

See WOC Bulletin 2011.

9.5 Map and Courses

Le Grand Roc, 1:15'000/5m, Offsetprinted, in plastic bag

WE 9.1km, 410m, 18 controls, 75 minutes

ME 13.7km, 610m, 27 controls, 95 minutes

9.6 Control description

Control descpriptions are handed out at the pre-start and are also printed on the map. Size: about 180x50mm

9.7 Pre-Start and Start

The way to the pre-start is not marked, but can be seen on the warm-up map. Warming-up is only allowed on the warm-up map. The print quality of the warmup map is not of the same quality as the competition map. Start procedure:

- -3: call-up, clear of the SI-Card
- -2: hand out of the control description
- -1: stand beside the map
- -0: punch the start unit, take the right map. There is a compulsory route of 60m to the starting point (marked with a control flag).

No clothes transport from start to finish if there is no crazy weather.

9.8 Map exchange

Both categories have a map exchange. At the last control of the first map, you drop your map and take the new map. Check yourself, that you get the right map with your name!

The start point of the new map is equal with the control placement at the map exchange.

9.9 Refreshment

Refreshment will regularly (3x for WE, 4x for ME) be offered, can be seen on the control description. Water and sports drink will be available.

9.10 Finish procedure

Punch at the finish line. Maps will be collected in the finish until to the last start. Water is available at the finish. The SI-Card will be read out close to the finish.

9.11 Cool down

Between the finish and the parking and on the warm-up map. No cooling down in the competition area until all runners have finished their race. Fairness: do not talk with any competitor who has not yet started!

10. Results

Preliminary results can be seen at the competition center of the races, final results will be available after each race on <u>www.swiss-orienteering.ch</u>

11. Transport and Accommodation

Every nation is responsible for their own transportation to the competitions and the accommodation.

12. Further Informations

The startllists will be available on 27th of June and will be sent to the team officials of the federations.

All questions can maybe be answered by Matthias Niggli. matthias.niggli@gmx.ch, +41 79 222 13 87.

